

Roman bathhouse match and sort

Ages 7-11 | Activity sheet

Match the room names and descriptions. Plan a route with arrows.

APODYTERIUM

A cold room

TEPIDARIUM

A place to change clothes

CALDARIUM

A hot room

FRIGIDARIUM

A warm room

My route and reasons: _____

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Ages 7-11 | Grown-up notes and ideas

You will need

The PDF and a pencil; optional blunt-ended scissors with adult help.

Try it together

1. Match each room name to its description. 2. Draw arrows to plan a visit and explain why you chose that route. 3. Cut the cards if you want to move them around, then compare with a real bathhouse plan.

Check, discuss and extend

Apodyterium: changing. Tepidarium: warm room. Caldarium: hot room. Frigidarium: cold room. Possible route: change, warm, hot, cold, change. Other routes can be discussed. This is a paper activity.

History and context

Bathhouses varied in layout and people did not all follow one identical route. These cards simplify four room types to introduce the vocabulary.

Explore the evidence

English Heritage: Roman bathing

<https://www.english-heritage.org.uk/learn/story-of-england/romans/roman-bathing/>